



Laser Midwinter West

Laser, Radial and 4.7

March 26 – March 28, 2010

Richmond Yacht Club

Sailing Instructions

1. Rules

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association (US Sailing), the rules of the International Laser Class Association (ILCA), the Notice of Race, except as any of these are changed by these Sailing Instructions.

1.2 The organizing authority is Richmond Yacht Club. This event will be held at Richmond Yacht Club, located at 351 Brickyard Cove Rd, Point Richmond, CA.

2. Eligibility and Entry

All competitors must meet the eligibility requirements as stated in the Notice of Race and have filed valid entries in accordance with the Notice of Race.

3. Notices To Competitors

Notices to competitors will be posted on the official notice board located at the North wall of the Regatta Room, first floor RYC. Changes may also be posted on the RYC Web site.

4. Changes In Sailing Instructions

Any change in the sailing instructions will be posted before 0900 on the day it will take effect, except that any change in the schedule of races will be posted before 2000 on the day before it will take effect.

5. Signals Made Ashore

5.1 Signals made ashore will be displayed from the yard arm of the mast on the upper deck of the RYC club house.

5.2 When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signal AP.

6 Schedule of Races

6.1 Racing is scheduled as follows:

Friday March 26: 1255 First Warning signal, races to follow
Saturday March 27: 1155 First Warning signal, races to follow
Sunday March 28: 1155 First Warning signal, races to follow

6.2 There will be a skippers meeting Fri. March 26 at 1030 in Club house upstairs dining room

6.3 Eight races are scheduled for this event. The display of flag "H" (white and red vertical bars) at the finish of any race means "Racing has ended for the day".

6.4 On the final day of the regatta no warning signal will be made after 1500.

7. Racing Area

The racing area will be on central San Francisco Bay, the area known as Southampton Shoals, Berkeley Circle.

8. Courses

8.1 The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The course length will be adjusted to target a race time of 45-60 minutes.

8.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing from the starting line to the first mark.

9. Marks

9.1 Marks 1, 2, & 4 will be yellow cones. Mark 1A will be 4 Ft. Tetrahedron. Gate marks 3 & 5 will be 6 Ft. yellow cylinders.

9.2 The finish mark will be red shape atop a 6 Ft. pole buoy.

9.3 Mark 5 will not be a mark of the course on the first windward leg.

10. The Start

10.1 Races will be started in accordance with RRS 26.

10.2 The Class Flags will be:

Laser Full Rig – White Fleet flag.

Laser Radial – Red Fleet Flag.

Laser 4.7 - Red Fleet Flag with 4.7

10.3 The starting line will be between a staff displaying orange flags on the race committee signal boat and staff displaying an orange flag on a boat at the opposite end.

10.4 No race shall be started unless there is a minimum consistent wind speed of 3 knots throughout the racing area.

10.5 A boat shall not start later than 5 minutes after her starting signal. Such boat will be scored DNS, this changes RRS A4.1.

10.6 The warning signal for a succeeding start may be made at, or any time after, the starting signal for the preceding start.

11. Change Of Course

A change of course will be signaled in accordance with RRS 33. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

12. The Finish

The finish line will be between a staff displaying an orange flag on the finish boat and a red shape on a pole buoy

13. Abandonment & time limit

13.1 The time limit for a race will be 2.5 hours. Boats failing to finish within 30 minutes after the first boat finishes or within the time limit, will be scored DNF. This changes RRS 35 and A4.1.

13.2 The Race Committee will abandon any race it judges not to be a fair test of sailing skill.

14. Measurement & Equipment

Each competitor is responsible for ensuring their equipment is in compliance with the ILCA rules. Failure to do so may result in disqualification from the regatta. Section 4 of the NOR will be enforced and other measurement and equipment checks may be done at any time during the regatta.

15. RRS 42 (propulsion) and other infringements.

15.1 RRS Appendix P will be in effect; boats which are observed by a member of the Jury infringing RRS 42 may be protested on the water.

15.2 For other than Rule 42 infringements the Jury will observe racing. When the Jury sees an infringement the Jury will make one sound signal. No sail number will be hailed. This means that the Jury has seen a protestable situation and one or more competitors should do penalty turns. If no penalty turns are done the Jury may protest one or more boats.

15.3 Action or no action by the Jury under this SI shall not be grounds for redress.

15.4 The Jury boats will be identified by white flag with "JUDGE".

16. Protests

16.1 Competitors intending to protest shall inform the Race Committee immediately after finishing and before communicating with coaches or spectators. Boats should first sail to the non-course side of the Finish Boat and report to the Finish Boat. Boats that do not finish shall report their intent to protest to any Race Committee Boat at the first possible opportunity. This adds to RRS 61.1(a).

16.2 Protests should be lodged with the Jury secretary in the first floor Regatta room of the RYC clubhouse within 60 minutes of the time the Race Committee Finish Boat docks. The Race Committee will post the docking (beginning of protest) time on the official notice board as soon as practical after docking.

16.3 Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within 30 minutes after the end of the protest time. This is the notice required by RRS 63.2.

17. Coach Boats

17.1 All Coach Boats must register before the start of the regatta, fly an assigned flag and are required to render assistance if requested by the race committee.

17.2 All Coach Boat must stay 50 meters outside the course area, including lay lines, at all times unless otherwise directed by the race committee.

18. Scoring

17.1 The Low Point Scoring System, Appendix A2, will be used except as modified below.

17.2 A minimum of four races must be completed to constitute a regatta.

17.3 There will be one throw out when six or more races are sailed.

19. Safety

18.1 Life jackets shall be worn at all times while racing, failure to do so will result in disqualification. This changes RRS 40.

18.2 A competitor that withdraws from a race or intends not to start a race shall inform the nearest safety or race committee boat as soon as possible.

20. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

21 Trophies

One for every 8 participants in 4.7 Rig

One for every 8 participants in Standard Rig

One for every 8 participants in Radial Rig

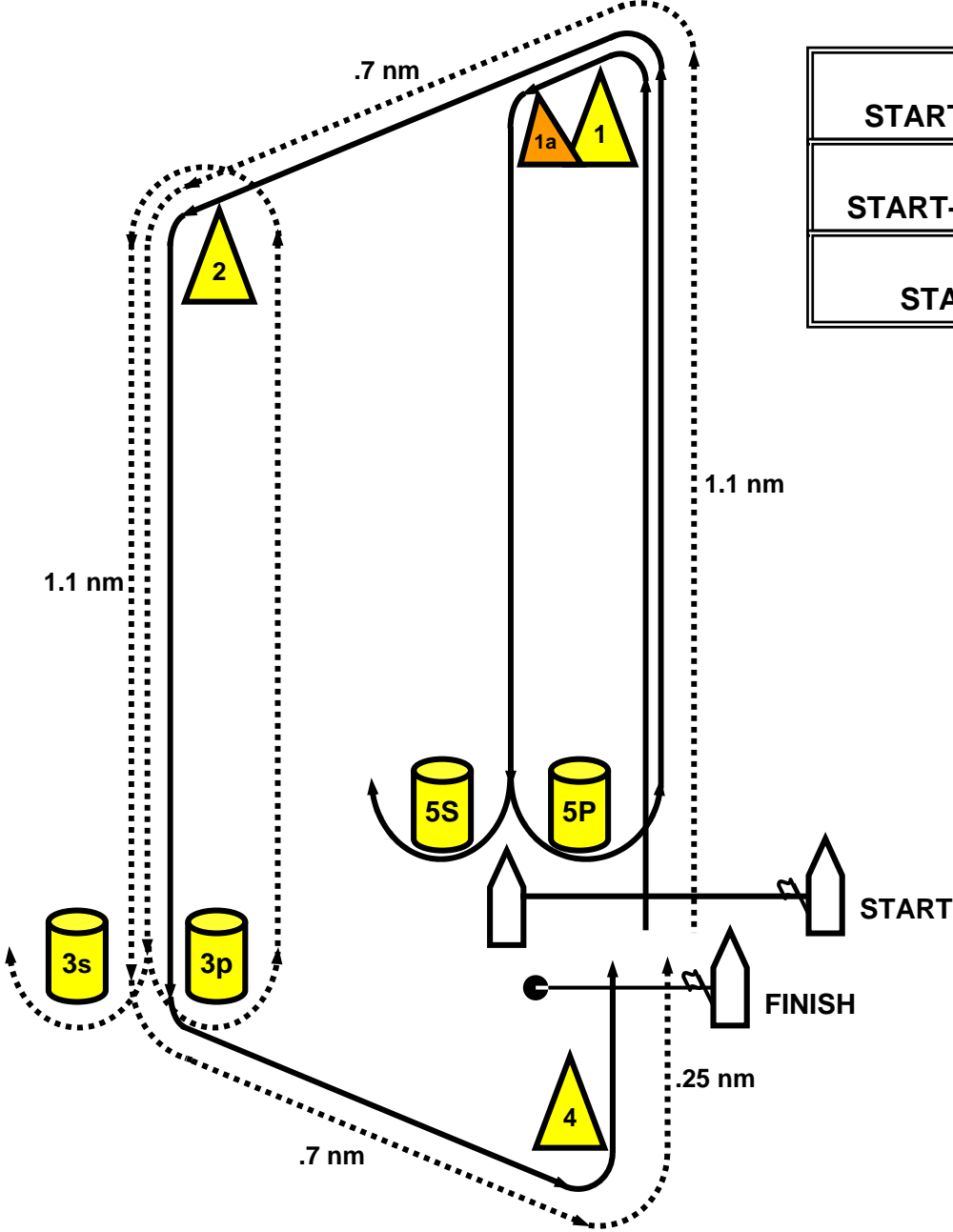
Top Master in Radials

Top Master in Standards

Top Youth (under 18) in Standards

Attachment A

ILCA Trapezoid Course



COURSE 1 START-1- 2- 3- 2- 3- 4- FINISH
COURSE 2 START-1-1a- 5-1- 2- 3- 4- FINISH
COURSE 3 START-1- 2- 3- 4- FINISH

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